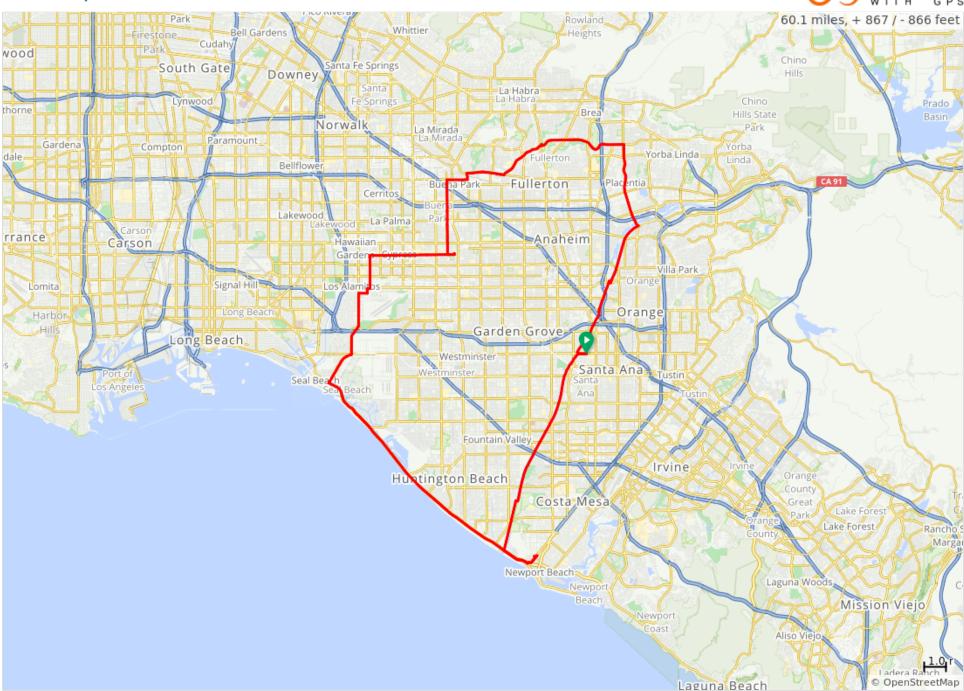
PandEpic 60mile

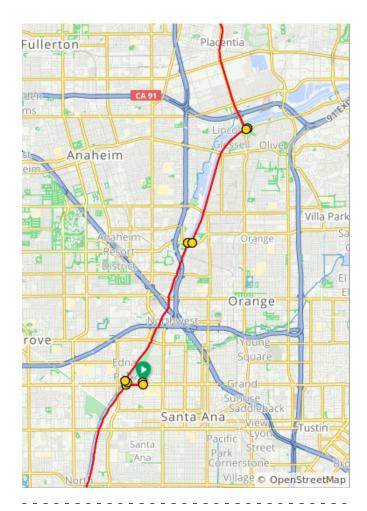


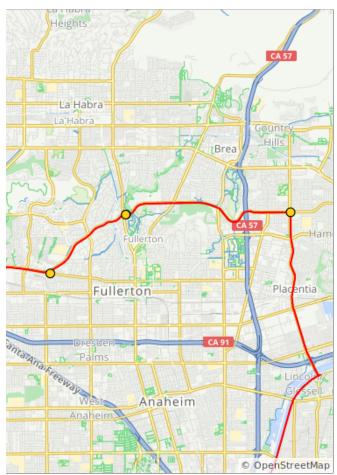
PandEpic 60mile

0.0	Start of route
0.1	R onto West 17th Street
0.4	R onto Santa Ana River Trail
0.5	L onto Santa Ana River Trail Bridge
0.6	R onto Santa Ana River Trail Bikeway
4.3	L onto Santa Ana River Trail Katella Bridge
4.4	L onto Santa Ana River Trail Bikeway
7.3	Sharp R
7.4	R onto North Glassell Street

7.4 miles. +145/-23 feet

11.2	L onto Bastanchury Road
15.3	R onto Balboa Road, PAVILION - Memorial 8:45-9:00
15.4	R onto Bastanchury Road
17.6	R onto Malvern Avenue

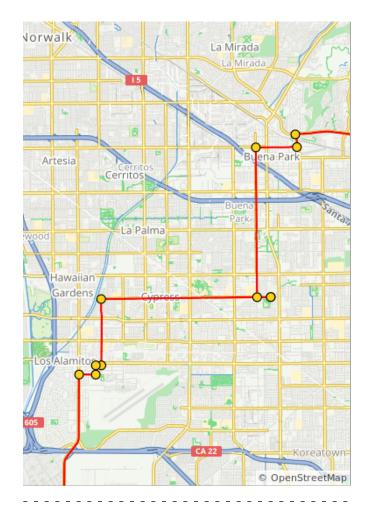


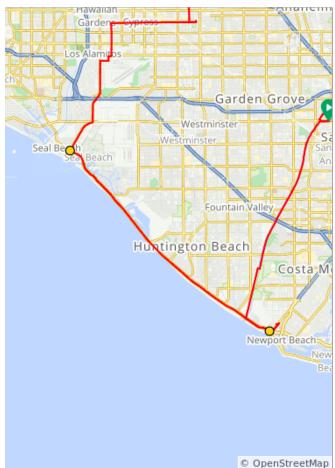


19.3	L onto Dale Street
19.6	R onto Artesia Boulevard
20.6	R onto Western Avenue
23.9	L onto West Orange Avenue
24.2	L into ANAHEIM CREST NURSING CENTER - Memorial&Snacks 9:45 - 10:00
24.3	R onto West Orange Avenue
28.2	L onto Bloomfield Street
29.7	R into alley behind ALAMITOS WEST HEALTH&REHAB - Memorial 10:15-10:45
29.8	L onto Maple Street
30.0	R onto Farquhar Avenue
30.4	L onto Los Alamitos Boulevard

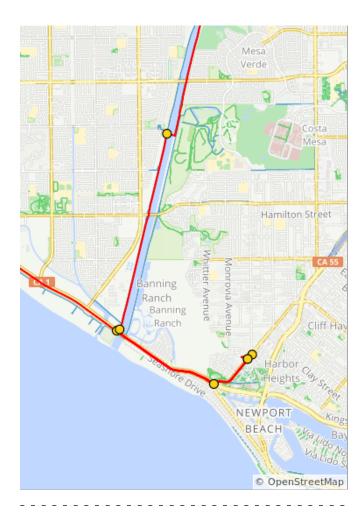
12.7 miles. +15/-77 feet

34.9	L onto Pacific Coast Highway
47.3	L onto Superior Avenue





47.9	Make a U-turn onto Superior Avenue
48.0	R into CRYSTAL COVE CARE CENTER - Lunch&Memorial 12:00-12:45
48.1	R onto Superior Avenue
48.7	R onto Pacific Coast Highway
49.9	R onto Santa Ana River Trail
50.0	L onto Santa Ana River Trail
52.2	R onto Santa Ana River Trail Bridge



4.9 miles. +20/-107 feet

59.6	R onto West 17th Street
60.0	L into OC HEALTH DEPT - Memorial&Snack 2:00-2:30
60.1	End of route

